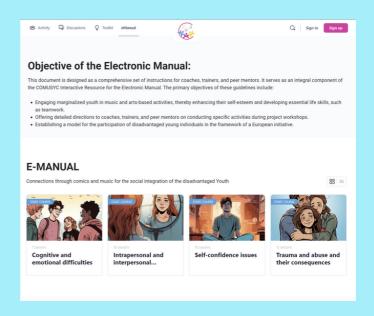


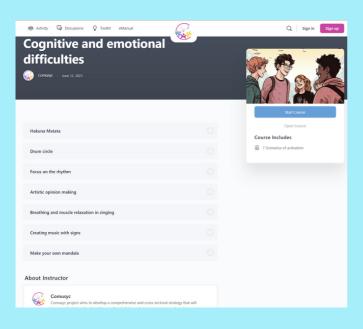
COMUSYC NEWSLETTER

JUNE 2023

E-MANUAL

In the past few months, the project partnership created the project result - E-Manual. It aims to enrich the skills of coaches, trainers and peer mentors in the implementation of music and other arts-based activities so that they have more resources to support marginalised young people to develop their soft skills, increase their self-esteem and their ability to be part of the group and society.





The E-Manual is divided into 4 sections, each addressing one scenario of activation identified during the initial workshops. For each of the scenario of activation, different activities are included to help develop specific skills and qualities in young people to deal with the challenges of their daily lives.





COMUSYC NEWSLETTER

JUNE 2023

WORKSHOP NATIONAL COMUSYC TEAMS

During the past period, partners conducted workshops to support the validation the E-manual and Toolkit. The aim of the workshops was also:

- The exchange ideas, views and knowledge among young people on the significance of creativity in everyday life;
- The discussion of the ways in which being involved in music or art activities helps young people overcome obstacles, gain confidence and become more engaged in social and political life;
- To discuss the improvement each individual will gain after taking part to Comusyc pathways;
- Collecting feedback regarding the E-manual and making changes where needed;
- Proposing a series of activities developed using an art-based methodology to cope with the 4 scenarios of the Toolkit
- Collecting 10 brief videos per each NCT filmed during the workshop activities to then integrate them in the E-manual.



